NOVEMBER | 2017

Join us for breakfast before school! ***Williamston High School***

Breakfast $1.90 Reduced $.30 Lunch $2.95 to $3.50 Reduced $.40 Extra Milk $.50 Adult $3.80(includes sales tax)

(V) Meatless - * Turkey Product - % Beef Product - ** Pork Product - ***Chicken

We are sourcing fresh produce and products from the local area.

Milk Offered with each meal. FF white and FF chocolate.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stop **Get Breakfast !** **Before school in cafeteria. $1.90, $.30 Reduced or Free with approved meal application.**	SPECIAL DIETARY NEEDS If a doctor has determined that your child has a disability that would prevent them from eating the regular school, please contact us at 706-5017 for the appropriate form to be completed by a licensed physician. You should renew the form each school year.	**1** **Pasta Bar** **Pasta with Marinara (V) or Meat Sauce % or** **Chicken Parmesan/Pasta** **Garlic Bread** **Key West Vegetables** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Nuggets	**2** **K -12** **Half Day** **Breakfast Served**	**3** **Personal Pizza (V) or** **Double Cheeseburger/Bun** **Oven Fries** **Baked Beans** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Poppers
6 **Crispy Chicken Bowl** **Mashed Potatoes/Gravy** **Biscuit – Corn** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	**7** **Macaroni & Cheese (V) or** **Meatball Sub** **California Blend - Fries** **Dinner Roll/Margarine** **Choc Chip Cookie** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Mini Corn Dogs ***	**8** **Pasta Bar** **Pasta with Marinara (V) or Meat Sauce OR** **Baked Ziti** **Garlic Bread – Green Beans** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Nuggets	**9** **2 Soft Shell Tacos or** **Burrito / Queso Sauce** **Refried Beans - Mexican Rice** **California Blend Vegetables** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	**10** **Personal Pizza (V) or** **BBQ Pork/Bun** **Oven Fries** **California Blend** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Poppers
13 **Crispy Chicken Bowl** **Mashed Potatoes/Gravy** **Biscuit – Corn** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	**14** **2 for 1 Hot Dogs/Bun or** **Orange Chicken - Rice** **Fries – Asian Vegetables** **Dinner Roll/Margarine** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Mini Corn Dogs ***	**15** **Pasta Bar** **Pasta with Marinara (V) or Meat Sauce or** **Chicken Pot Pie/Bread Bowl** **Garlic Bread – California Blend** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Nuggets	**16** **Nachos /Meat & Cheese or** **Crispitos** **Fiesta Beans - Mexican Rice** **Riviera Vegetable Blend** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	**17** **HARVEST LUNCH** **Sliced Roast Turkey** **Mashed Potatoes/Gravy** **Green Beans – Roll** **Cranberry Relish** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Poppers
20 **Crispy Chicken Bowl** **Mashed Potatoes/Gravy** **Biscuit – Corn** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	**21** **Turkey/Cheese BLT or** **Double Cheeseburger** **Seasoned Potato Wedges** **Green Beans** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Mini Corndogs***	**22** **Thanksgiving Break**	**23** **Thanksgiving Break**	**24** **Thanksgiving Break**
27 **Crispy Chicken Bowl** **Mashed Potatoes/Gravy** **Biscuit – Corn** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	**28** **Chicken Wings/Roll or** **Sloppy Joe/Bun** **California Blend - Fries** **Dinner Roll/Margarine** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Mini Corn Dogs ***	**29** **Pasta Bar** **Pasta with Marinara (V) or Meat Sauce or** **Baked Ziti** **Garlic Bread – Green Beans** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Chicken Nuggets	**30** **Walking Taco or** **Cheese Quesadilla/Salsa** **Refried Beans - Mexican Rice** **Steamed Vegetables** Wraps/Subs/Salads Pizza or Chicken Sandwich Hamburger or Cheeseburger Bosco Sticks (V)	

All meals include: entrée, a choice of 4 different sides from the Nutrition Bar and milk. A ½ cup serving of fruit or vegetable must be taken with a meal per Healthy-Hunger Free Act 2010 to make a complete meal.

MEAL ASSISTANCE

You are welcome to complete an application for meal assistance on line at www.lunchapp.com at any time. The information you provide is confidential as well as your approval.

NOTE: A new meal application must be completed each school year.

Nutrition Bar

Offerings include: fresh fruit, canned fruit, romaine lettuce, cherry tomatoes, baby carrots, broccoli, and steamed vegetables.

NOTE: Oven Fries offered as a vegetable choice every day.

DEPOSIT MONEY ON-LINE

Go to: *send money to school.com* to add money to your child's account for meals. You can also view your child's account at: sendmoneytoschool.com.

ALA CARTE ITEMS

100% Fruit Juice
Water – Fresh Fruit
Soft Pretzels – Cheese
Baked Chips – Fruit Snacks
Granola Bars
String Cheese
Premade Salads come with a muffin and crackers.

WCS is an equal opportunity provider and employer.

Menu is subject to change without notice due to market conditions or product availability.